



PSTI's Handcuffing Tactics™ provides training and education that is designed to empower officers, increase awareness, knowledge and skills in handcuffing techniques, control & restraint, and defensive tactics strategies.

When situations are escalated and YOU need tactics and skills for controlling someone who is out of control, Handcuffing Tactics™ Certification Training is the solution.

This instructor course involves exercises, group interaction, discussion, lecture and hands-on training. Handcuffing Tactics™ training is modular based and can be adapted into a variety of scheduling and training dynamics.

Call us today to schedule Handcuffing Tactics™ training –
for YOU and your agency.

***Toll Free: 1.866.773.7763 or Outside the US: (208) 664-5551
On-Site Training is available. Please call for pricing and availability.***

Upon successful completion of the 8hr. (1-day) Handcuffing Tactics™ certification program, Instructors will receive the following:

- Handcuffing Tactics™ 3-year In-house Instructor certification -Personal Safety Training Inc.
- Authorization to train and certify staff in the:
 - Handcuffing Tactics™ 4hr. certification course
 - Handcuffing Tactics™ recertification classes
 - Handcuffing Tactics™ modular training (for unique scheduling dynamics)
- The Handcuffing Tactics™ Instructor package includes:
 - Flash drive for the Handcuffing Tactics™ 4hr. and modular training courses.
 - Handcuffing Tactics™ Instructor manual
 - **VIDEOS of all the Handcuffing Tactics™ Techniques**
 - Handcuffing Tactics™ Student Handouts and Training Forms

- “Be Safe Not Sorry” the Art and Science of keeping YOU and your family Safe from crime & violence, David Fowler.
- Maintenance of training records
- Continual support from Handcuffing Tactics™ - Personal Safety Training Inc.

Introduction

 Introduction to the Handcuffing Tactics™

 The First Rule of Training = Safety

 Modular Based Training

 Modules and Objectives

Module One

Defensive Tactics Fundamentals.....

 Fundamentals

 The Bladed Stance

 Defensive Movement (Forward Shuffle)

 Defensive Movement (Rear Shuffle)

 Defensive Movement (Side to Side Shuffle)

 Forward and Rear Pivoting

 Core Energy Principle

 Defensive Verbalization

 The Art of Distraction

 Escape Strategies

 Reactionary Gap

 Hand Positions

Module Two

Handcuffing Nomenclature

 Handcuffing Nomenclature

 Chain, Hinged and Plastic Handcuffs

 Rigid and Oversized Handcuffs

 Care & Maintenance of Handcuffs

 Handcuff Keys and Handcuff Holders

 Loading Your Handcuffs

 Handcuffing Stances

Module Three

Proper Placement, Fit & Position

 Handcuff Wrist Placement

 Position of Hands

 Check for Proper Fit and Wrist Placement

 Always Double Lock Handcuffs

Module Four

Handcuffing Positioning and Approach

 Standing Subject Positioning

 Kneeling Subject Positioning

Prone Subject Positioning

Module Five

Standing Handcuffing

Standing Handcuffing Technique (part 1)

Standing Handcuffing Technique (part 2)

Two Person Escort for Handcuffed Subject

One Person Escort for Handcuffed Subject

Removing Handcuffs

Module Six

Kneeling Handcuffing

Kneeling Handcuffing Technique (part 1)

Kneeling Handcuffing Technique (part 2)

Module Seven

Prone Handcuffing

Prone Handcuffing Technique (part 1)

Prone Handcuffing Technique (part 2)

Prone Handcuffing Technique (part 3)

Standing the Prone Handcuffed Subject (part 1)

Standing the Prone Handcuffed Subject (part 2)

Module Eight

Arm Bar Take-Down (Optional)

Arm Bar Take-Down (part 1)

Arm Bar Take-Down (part 2)

Prone Control Positions

Positional Asphyxia

Module Nine

Handcuffing Tips & Warnings

Handcuffing Tips & Warnings

YOUR policies and procedures

Module Ten

Post Incident Response & Documentation

Post Incident Response

Post Incident Documentation

Elements of Reporting Force

Use of Force Awareness

Reference Guide and Bibliography

Handcuffing Tactics™ Review

Appendix I

Reference Guide and Bibliography

Appendix II

Trainer Development Techniques

Part 1 - Instructor Development Tools and Techniques

Part 2 - Instructor Development Tools and Techniques

Appendix III

Instructor Requirements and Procedures

Instructor Procedures

Instructor Qualifications

Student Training Requirements

Student Training Course Certifications

Student Recertification Certification Form

Student Written Test

Student Written Test Answer Key

Student Roster of Training

Student Proficiency Skills Test Check Sheet

Handcuffing Tactics™ Order Form

Handcuffing Tactics™ Safety Rules Form

Personal Safety Training Inc. Class Offerings

Handcuffing Tactics™ Instructor Requirements & Procedures

Instructor Procedures

- Certified instructors shall provide training in the Handcuffing Tactics™ training program to individuals in security, law enforcement, military, corrections, and protective services for YOUR agency only.
- Each person trained in the Handcuffing Tactics™ training program must receive a Handcuffing Tactics™ Student Manual for their initial certification. The Handcuffing Tactics™ Instructor is responsible for purchasing the student manuals from Personal Safety Training Inc. Copying of the student manuals is strictly prohibited © Copyright Laws.
- Instructors are required to acknowledge that they are not agents or employees of Personal Safety Training Inc.
- Trainers will thoroughly explain safety and liability requirements to all trainees.
- Every individual trained in the Handcuffing Tactics™ training program must be registered with Personal Safety Training Inc. Instructors are required to submit the original student registration form and student roster form within seven (7) days to Personal Safety Training Inc. These records will be maintained by:

Personal Safety Training Inc.
P.O. Box 2957
Coeur d' Alene, ID 83816 USA or
Fax: 208-664-5556

Instructors are required to utilize their trainer's manual and the methods set forth within.

Handcuffing Tactics™ Instructor Qualifications

- Handcuffing Tactics™ One Day Instructor Course
 - The Instructor must pass a thirty five question written exam with an 85% or better. One re-test allowed.
 - Instructor must pass a trainers presentation with an acceptable rating.
 - Instructor must pass the proficiency skills test with an acceptable rating.
 - Instructor must adhere to all requirements and guidelines as set forth in this instructor's manual.
 - Recertification as an Instructor is required every three years.

Handcuffing Tactics™ Student Training Requirements

- Handcuffing Tactics™ 4hr. Training Course Certification
 - Student must pass the twenty five question written exam with an 80% or better. One re-test allowed. If student fails re-test, course must be taken over again.
 - Student must pass the proficiency skills test with an acceptable rating.
 - Recertification is required every other year. (no time requirement for recert) *Student must pass written and proficiency test for recertification. *Yearly training is recommended.

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