



PSTI's Handcuffing Tactics™ provides training and education that is designed to empower officers, increase awareness, knowledge and skills in handcuffing techniques, control & restraint, and defensive tactics strategies.

When situations are escalated and YOU need tactics and skills for controlling someone who is out of control, Handcuffing Tactics™ Certification Training is the solution.

This course involves exercises, group interaction, discussion, lecture and hands-on training. Handcuffing Tactics™ training is modular based and can be adapted into a variety of scheduling and training dynamics.

Call us today to schedule Handcuffing Tactics™ training – for YOU and your agency.

***Toll Free: 1.866.773.7763 or Outside the US: (208) 664-5551
On-Site Training is available. Please call for pricing and availability.***

Introduction
Introduction to the Handcuffing Tactics™
The First Rule of Training = Safety
Modular Based Training
Modules and Objectives

Module One

Defensive Tactics Fundamentals.....
Fundamentals
The Bladed Stance
Defensive Movement (Forward Shuffle)
Defensive Movement (Rear Shuffle)
Defensive Movement (Side to Side Shuffle)
Forward and Rear Pivoting
Core Energy Principle
Defensive Verbalization
The Art of Distraction
Escape Strategies
Reactionary Gap

Hand Positions

Module Two

Handcuffing Nomenclature

- Handcuffing Nomenclature
- Chain, Hinged and Plastic Handcuffs
- Rigid and Oversized Handcuffs
- Care & Maintenance of Handcuffs
- Handcuff Keys and Handcuff Holders
- Loading Your Handcuffs
- Handcuffing Stances

Module Three

Proper Placement, Fit & Position

- Handcuff Wrist Placement
- Position of Hands
- Check for Proper Fit and Wrist Placement
- Always Double Lock Handcuffs

Module Four

Handcuffing Positioning and Approach

- Standing Subject Positioning
- Kneeling Subject Positioning
- Prone Subject Positioning

Module Five

Standing Handcuffing

- Standing Handcuffing Technique (part 1)
- Standing Handcuffing Technique (part 2)
- Two Person Escort for Handcuffed Subject
- One Person Escort for Handcuffed Subject
- Removing Handcuffs

Module Six

Kneeling Handcuffing

- Kneeling Handcuffing Technique (part 1)
- Kneeling Handcuffing Technique (part 2)

Module Seven

Prone Handcuffing

- Prone Handcuffing Technique (part 1)
- Prone Handcuffing Technique (part 2)
- Prone Handcuffing Technique (part 3)
- Standing the Prone Handcuffed Subject (part 1)
- Standing the Prone Handcuffed Subject (part 2)

Module Eight

Arm Bar Take-Down (Optional)

- Arm Bar Take-Down (part 1)

Arm Bar Take-Down (part 2)
 Prone Control Positions
 Positional Asphyxia

Module Nine

Handcuffing Tips & Warnings
 Handcuffing Tips & Warnings
 YOUR policies and procedures

Module Ten

Post Incident Response & Documentation
 Post Incident Response
 Post Incident Documentation
 Elements of Reporting Force
 Use of Force Awareness

Reference Guide and Bibliography

Handcuffing Tactics™ Student Training Requirements

- Handcuffing Tactics™ 4hr. Training Course Certification
 - Student must pass the twenty five question written exam with an 80% or better. One re-test allowed. If student fails re-test, course must be taken over again.
 - Student must pass the proficiency skills test with an acceptable rating.
 - Recertification is required every other year. (no time requirement for recert) *Student must pass written and proficiency test for recertification. *Yearly training is recommended.

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