



The DTS™ (Defensive Tactics System) is designed to empower security staff, increase awareness, knowledge, skills and actions with regard to use of force, control and restraint, self-defense, and defending others with defensive tactics strategies and techniques.

When situations are escalated and YOU need tactics and skills for controlling someone who is out of control, DTS™ (Defensive Tactics System) Certification Training is the solution.

This course involves exercises, group interaction, discussion, lecture and hands-on training. DTS™ training is modular based and can be adapted into a variety of scheduling and training dynamics.

Call us today to schedule DTS™ training – for YOU and your agency.
Toll Free: 1.866.773.7763 or Outside the US: (208) 664-5551
On-Site Training is available. Please call for pricing and availability.

DTS™ Basic Course Outline & Table of Contents

Introduction

- Introduction to the Defensive Tactics System
- The First Rule of Training = Safety
- Modular Based Training
- Modules and Objectives

Module One

Use of Force and Self-Defense

- Awareness of Liability Risks.....
- Agency Policies and Procedures.....
- What is Self-Defense?
- Lawful Use of Force and Self-Defense
- Levels of Force Continuum
- Subjects Actions – Officer’s Actions
- Increasing the Level of Force
- Vulnerable Areas of the Body
- Low Risk Target Areas
- Medium Risk Target Areas
- High Risk Target Areas

Module Two

Defensive Tactics Fundamentals	
Fundamentals	
The Bladed Stance	
Defensive Movement (Forward Shuffle)	
Defensive Movement (Rear Shuffle)	
Defensive Movement (Side to Side Shuffle)	
Forward and Rear Pivoting	
Core Energy Principle	
Defensive Verbalization	
The Art of Distraction	
Escape Strategies	
Reactionary Gap	
Hand Positions	

Module Three

Contact and Cover Team Positioning	
Initial Contact (1 Person)	
Initial Contact (2 Person)	
Contact and Cover Positioning	

Module Four

Escort Strategies and Techniques	
Escort Technique (1 Person)	
Escort Technique (2 Person)	
Hands-On Escort Technique (1 Person)	
Hands-On Escort Technique (2 Person)	

Module Five

Control and Decentralization Techniques	
One Arm Take-Down (part 1)	
Prone Control Positions	
Positional Asphyxia	
Rear Arm Control Technique (part 1)	
Rear Arm Control Technique (part 2)	

Module Six - *Optional*

Handcuffing Techniques	
Handcuff Nomenclature	
General Handcuffing Guidelines	
Standing Handcuffing Technique	
Proper Fit and Placement / Double Locking	
Kneeling Handcuffing Technique	
Prone Handcuffing Technique	
Standing the Prone Handcuffed Subject (part 1)	
Escorting Handcuffed Subject	

Module Seven

Defensive Blocking Techniques	
Shoulder Block Defense	
Elbow Block Defense	
Turtle Block Defense	
High Block Defense	
Middle Block Defense	
Outside Block Defense	
Low Block Defense	

Module Eight

Personal Defense Skills and Techniques (Optional).....	
Palm Heel Defense	
Fist Defense	
Hammer Fist Defense	
Forearm Defense	
Elbow Defense	
Knee Defense	
Kick Defense	

Module Nine - *Optional*

Weapon Retention Techniques	
Holstered Weapon Retention	
Elbow, Single Hand and Two Hand Retention Techniques	

Module Ten

Post Incident Response & Documentation	
Post Incident Response	
Post Incident Documentation	
Elements of Reporting Force	

Defensive Tactics System™ Student Training Requirements

- Defensive Tactics System™ One Day Training Course Certification
 - Student must pass the twenty five question written exam with an 80% or better. One re-test allowed. If student fails re-test, course must be taken over again.
 - Student must pass the proficiency skills test with an acceptable rating.
 - Recertification is required every other year. (no time requirement for recert) *Student must pass written and proficiency test for recertification. *Yearly training is recommended.

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